



mount snow[®]
TRAINING CENTER

A Family's
Resource Guide
to what we do

2008-2009

General Information
Policies
Guidelines

November 15, 2008

To the Families of our Programs,

As we begin the 2008-2009 season of our Competition and Development programs we have dedicated some time and resources to improving the safety and quality of the programs we offer at the Mount Snow Training Center. Whether it is the Alpine Racing, Freestyle or Snowboard competition programs or the extremely popular Development Program all the kids and their families involved deserve the best possible program we can offer an invigorating environment for personal growth.

This guidebook has been compiled to help families navigate the programs of the Mount Snow Training Center. Within this booklet we hope you will find some detailed information to help you and your family enjoy a safe, fun and successful season. Please take the time to read this information carefully as there are some changes to our disciplinary policies.

It is my hope that, as the Training Center Director, I will get to meet and spend some time with each of the families that participate in our programs. While that may take time, I hope that you will feel comfortable letting me know if we can do something to improve either logistics or program quality as we go through the season. I am dedicated to the development of our young athletes and all of the programs we offer. Any suggestions will be considered by the coaching staff and myself.

Within this book, you will also find policies regarding the safety of your children. While our goal is not to create a laundry list or restrictive environment we do need to lay down some guidelines regarding discipline and the consequences when any program participant's safety or well-being is compromised. With this guidebook we are instituting a basic three-strike rule for the season. Any participant who accumulates three strikes may be either suspended from their respective program or removed without refund of any portion of the program cost. Please note that in the most extreme instances the three strike rule may not be possible to apply. Depending on the severity of the infraction we may be forced to immediately consider dismissal from the program.

Looking forward to a great season.

Vinnie Lewis
Training Center Director
Mount Snow, VT

07-08 Training Center Staff

Programs

Alpine Program Head Coaches..... J5 – Jay Switzer
J4 – Sonny Brookes
J3 – Brian O’Connor
J1 & 2 – Glenn Olson
Snowboard Program Head Coach.....Kevin Dancy
Freestyle Program Head Coach.....Scott Lafferty
Development Program Head Coach.....Nino Messia de Prado
Development Program Assistant Head Coach.....Don Massoni

Alpine Race Coaches:

JI & JII: Ryan Koppes

JIII: Alex Francis & Rebecca Guendelsberger

JIV: Kaitlin Guendelsberger & Sergey Nikiforov

JV: Galen Kemp, Samantha Cook & Jonathan Matheke

Floaters: Steve Cook, Malcolm Irons, Kelly Lauter, Rowena Hyldahl

Snowboard Competition Coaches:

Jason Evans, John Tucci, Maya Von Wodtke & Tyler Redes

Freestyle Competition Coaches:

Brian “Flapper” Dunlap, Matt Iovanni, Pat Kupchunos, Erik Timmons, Paul Lafferty,
Todd Smith, Mike Decker & Mike Rosella

Development Program Coaches:

Denise Andersen

Natasha Babchak

Dave Baud

Gary Baud

Barbara Baum-Rachels

Janice Baxter

Michelle Blate

Sandra Bolduc

Kyle Camyre

Phil Carabillo

Ann Coleman-Specht

Thomas Colleran

Wayne Conrad

Nancy Cook

Stephen Cook Jr

Jason Cross

JJ Gower

Ron Grabowski

Gretchen Guendelsberger

Samantha Hamilton

Jessica Hartman

John Henderson
Craig Hockenbury
Erik Iller
Dean Jenard
Murray Johnson
Leslie Kearsley
Mary Ellen Kimball
Mitchell Klutsch
Michael Krug
Susan Lakose
Oscar LaRosa
Margaret Leake
John Lombardi
Margarita Mayo
Stephanie McCathron
Kristiina Messia de Prado
Paul Miles
Kyle Montello
Dmitri Nikiforov
Jennifer Nilsen
Damian Olivato
George Paras
David Parsons
Hannah Pfalzer
Michael Purcell
Brian Ridgeway
Nancy Rovito
Greg Schiliro
Grant Seelgen
Fred Terranova
Amanda Timmons

Administration

Director.....Vinnie Lewis - vlewis@mountsnow.com
Administrative Manager..... Danielle McTaggart – dmctaggart@mountsnow.com

08-09 Program Dates

Development Program

The development program will run every weekend beginning December 6/7 and ending March 14/15, additionally running December 29, 30, and 31. The program participants should arrive behind the Cape House at 8:30 ready to ski/ride. The group will leave promptly at 8:30 and latecomers will be left behind.

Competitions Program

The competitions program will run every weekend beginning November 29/30 and ending March 28/29, additionally running December 29, 30, and 31. The program participants meet in the following places by discipline:

Alpine: 8:00am in front of the Training Center by the fire pit

Freestyle: 8:30am in the competitor's locker room

Snowboard: 8:00am by the tuning benches in the Training Center

Athletes should arrive dressed and ready to ski or ride. The group will leave promptly and latecomers will be left behind.

Associations and Schedules

The programs of the Training Center compete in a variety of competitions governed by USSA, USASA, VARA and SVC. What do all these letters mean?

USASA – United States of America Snowboard Association...is the governing body of local and national competitions for a newer breed of events called freeride. These events involve both skiers and snowboarders and are all about Park and Pipe riding. More information about USASA is available at www.usasa.org.

USSA – United States Ski and Snowboard Association...oversees all Alpine Competition in the US and manages the US Ski and Snowboard Team programs, including regional competitions and camps to national and international (FIS) competitions held on US soil. USSA competitions are in Alpine, Freestyle and Snowboard. More information about USSA is available at www.ussa.org.

VARA – Vermont Alpine Racing Association...is part of USSA and handles alpine racing for all ages up to the masters level of competition. VARA oversees the separate councils that make up the regions of Vermont. Our young alpine athletes compete in the SVC or Southern Vermont Council. More information about VARA and SVC is available at www.vara.org.

Scheduling for each discipline and age group can be a vast undertaking to say the least. Each Head Coach will supply a basic schedule for their program and age group. As athletes get older the choices become more varied and we encourage each family and athlete to consult with their coaches to build the schedule that suits their specific goals. The JI and JII alpine group and the older freestyle and snowboard competitors should share their goals with their coaches and develop a schedule together.

Alpine Racing – Southern Vermont Council

J1 & 2

We are still finalizing the events that we will be sending coaches to. Once this is complete we will send out this schedule.

J3

1/4	Sun	Stratton	GS	
1/11	Sun	Bromley	SL	
1/17	Sat	Willard	SL (Night Race)	
1/25-28	Sun-Wed	ERS		
2/1	Sun	Mount Snow	GS	
2/9	Mon	Stratton	SG	
2/14	Sat	Magic	SL	
2/22	Sun	Pico	J3 Shootout	
3/1-3	Sun-Tue	States	SG,GS,SL	

J4

1/4	Sun	Mount Snow	GS	
1/10	Sat	Magic	Kombi	
2/1	Sun	Magic	SL	
2/6	Fri	Stratton	SG	
2/7	Sat	Willard	SL (Night Race)	
2/21	Sat	Bromley	GS	
2/23	Mon	GMVS/Sugarbush	SG	J4 States
3/14-15	Sat-Sun	Killington		J4 States
3/21	Sat-Tue	Whistler Shootout/Future Stars		

J5

1/25	Sun	Mount Snow	GS	
2/1	Sun	Willard	Dual GS	
2/8	Sun	Stratton	Kombi	
2/22	Sun	Magic	GS	
3/8	Sun	Bromley	GS	

For J5, J4 and J3 the Bermuda Open will be at Mount Snow on March 28th.

Freestyle & Snowboard Competitions

The freestyle and snowboard competition schedules are still being finalized by the coaching staff. We will send out this information once it's finalized.

Development Program

January 18, Sunday	Fun Race (Charlie's Chase)
February 1, Sunday	Jumping Event (Snowdance)
February 15, Sunday	Valentine Race (Charlie's Chase)
February 22, Sunday	Crazy Hat Race (Charlie's Race)
March 8, Sunday	Obstacle Course Race (Sundance)
March 14, Saturday	Parent Child Race (Charlie's Chase)
March 15, Sunday	Ice-cream Party

The Building

The Mount Snow Training Center housing three entities, the Mount Snow Ski Club, Mount Snow Academy and the Mount Snow Competitions Programs. These three groups work together to support and provide the best programs possible.

The Mount Snow Ski Club was founded to support the spirit of competitions at Mount Snow. The Ski Club supports the Competition programs and Mount Snow Academy with volunteer support. The Ski Club Board manages the physical plant of the building and the locker areas for both the members and the competition program participants. The space allotted to the Comp programs by the ski club is an example of the support given. All athletes are responsible for keeping the team rooms and tuning areas tidy and clean. Competition memberships are required of alpine program participants who are not part of a family membership. Athlete memberships are highly recommended for all program participants. Memberships of several types are available and the Ski Club Administrator has an office on the second floor of the Training Center. **(Contact 802-464-4090 or msskiclub@gmail.com)**

The Competition and Development Programs are managed by Mount Snow and housed within the Training Center. Vinnie Lewis is the Director of the Programs and manages the relationship between the Mountain, The Ski Club and The Academy. Vinnie also manages the Race Events Department for Mount Snow, as the majority of our winter events are competitions involving kids in the programs of the Training Center. Danielle McTaggart is the Administrative Manager and for any information or issues regarding the programs of the Training Center please feel free to contact Vinnie or Danielle. **(Vinnie Lewis 802-464-4165 or vlewis@mountsnow.com)**
(Danielle McTaggart 802-464-1100 ext. 4636 or dmctaggart@mountsnow.com)

Mount Snow Academy is a winter term tutorial program offering an opportunity for freestyle, snowboard and alpine racing. The Academy is focused on single student tutoring sessions to rapidly move through material. This allows time for training during the week. While the academy coaches work primarily with the academy athletes they are constantly looking at the Weekend program participants and are definitely in the loop on athlete development ,especially as our young athletes approach the national level of competition in their discipline. The Academy is a separate Vermont corporation and not a part of Mount Snow Ltd.

For more information regarding the Academy contact Lynne Sullivan or Doreen Grover. **(Lynne Sulliivan 802-464-1100 ext. 4667 or lsullivan@mountsnow.com)**
(Doreen Grover 802-464-1100 ext 4521 or dgrover@mountsnow.com)

Your Responsibility Code

- Always stay in control and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail or are not visible from above.
- Whenever starting downhill or merging into a trail look uphill and yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift you must have knowledge and ability to load, ride and unload safely.

KNOW THE CODE. IT'S YOUR RESPONSIBILITY.

Training Center Responsibility Code

The following is a partial guide to expected behavior for all participants of Training Center programs. It is everyone's responsibility to follow and understand these rules for the continued success of the Development and Competitions Program. Wherever you go, what ever you do, you will always be judged by what you did and how you acted.

1. No fast or high speed (what is the difference between fast and high speed?) skiing in congested or slow skiing areas.
2. The safety bar on the chairlifts must remain down at all times while riding.
3. No ducking any of the ropes around the mountain. This includes lift lines, trails and training areas. Enter training areas through gated areas only.
4. No intentionally dropping of equipment, clothing, etc. from the chair lifts.
5. No jumping off of the lifts. Ever.
6. All athletes must wear a helmet while on the hill.
7. You cannot use the service entrance lift line.
8. Competitors must remain with their group unless arrangements have been made involving coaches or parents.
9. Side Slipping: Sideslip all training and race hills before engaging in a run. Inspect all park features before using them.
10. No entering parks without a coach's supervision.
11. Poor sportsmanship and profanity will not be tolerated. All athletes are expected to use courtesy and good sportsmanship while on and off the hill
11. Ipods or other electronic devices should be turned off during a coaching/training session. Coaches reserve the right to confiscate items and return them to athletes or parents at a later time.

Athlete Responsibilities

All athletes in any Competition Program must check the bulletin board for updates as soon as they arrive at the training center

1. It is the responsibility of each athlete to keep track of his or her own equipment and property. Lockers have been issued and ski racks are provided for breaks. Please continue to utilize these resources, as Mount Snow is not responsible for lost items. Continue to follow the “if it is not yours, don’t touch it” policy.
2. The locker room is to be kept neat and clean. Skis, boards, and poles must be in lockers or on racks. Items may NOT be left on the sidewalk or on the floor of the locker room. The locker area is a privilege and a convenience, so do not abuse it.
3. If you forget your season pass, do NOT attempt to get on the lift without it. You must go to the Season Pass office and inquire about a day ticket. The Season Pass office will happily print you a complimentary ticket ONCE per season. After that there will be a charge.
4. If you lose or become separated from your group, find another coach immediately with a radio so contact can be made. If you cannot find another coach within 5 minutes, go directly to the Training Center and find Sara or Vinnie. They will help you find your group.
5. If you are late, check the bulletin board first for instructions. If there isn’t anything posted, see Sara or Vinnie and they will radio your coach.
6. If you need to leave early, please inform your coach. Arrangements can be made to escort you if needed.
7. If you are injured or feel ill, REPORT IT IMMEDIATELY to your coach.
8. Training and Races: Athletes and parents are responsible for checking the hotline 802-464-4035 and bulletin board for training and race schedules (weather permitting).
9. Lunch Breaks: A one-hour break for lunch for all groups will be permitted. Times may vary due to crowds, conditions, and schedules. During breaks, athletes are responsible for their equipment, snacks, and meals.
10. Quitting Times: The end of training may vary due to conditions, fatigue, and competitions.
11. Transportation: All competitors are responsible for their rides to and from race venues.

Development Program - What Do I Bring?

Please bring your children ready to ski. This means that they should have had a substantial breakfast and they are dressed warmly and appropriately. Please see the list below for necessary items:

- Warm winter jacket
- Waterproof ski pants
- Gloves/Mittens
- Hat/Goggles/Neck Gator/Face Mask
- Helmet. This is not optional.
We do NOT make recommendations, but a good resource for questions and brand information is www.lidsonkids.org
- Extra clothing
- Label all clothing and gear
- A small snack or money for a snack.
Please note: There is no designated snack time. It will be up to the group and the coach to break.

Sick/Injured Kids

If a child is brought in due to illness or injury, the parents will be contacted as soon as possible. Once notified a parent should make every effort to pick up their children. A child that has a fever or is vomiting 24 hours before the program should not be in the program that day. Please respect this policy, as we do not want to create more sick kids.

Respect for Coaches

Our coaching staff is made up of some of the most experienced pros on the mountain. Their expertise allows quality programs to run safely year after year. It is absolutely imperative that participants in Development and Competitions programs take direction from their coaches at all times. Disrespectful behavior will not be tolerated. If we deem that a child is too difficult to manage and becomes disruptive to the group or endangers other children we will reconsider his/her participation in the program.

It should also be noted that our coaches are happy to give advice on gear and maintenance, but they are not to be asked to tune equipment, or carry the equipment of the program participants or parents. From time to time a coach may advise some boot work or adjustments be made. Coaches can perform this function but only after discussing it with parents and the athlete.

Drugs, Alcohol, Tobacco Policy

At the Mount Snow Training Center, there is no toleration for the possession or use of alcohol, drugs, or tobacco. In the state of Vermont it is illegal for anyone under 21 years of age to buy or consume alcohol. It is illegal to sell tobacco products to anyone under the age of 18.

ALCOHOL---Athlete use of alcohol is prohibited. Use or possession of such substance will result in suspension or dismissal. Anyone who is in the presence of illegal alcohol consumption will be subject to disciplinary action. Suspected use or possession of alcohol will be subject to further investigation and parents will be notified immediately.

DRUGS---The misuse or abuse of any legal substance or the use or possession of any illegal drug or drug paraphernalia will result in suspension or dismissal. Anyone who is in the presence of such items will be subject to disciplinary action. The selling of any illegal substance will result in dismissal.

TOBACCO --- The use of tobacco in any form is considered a health hazard and is prohibited while participating in our programs. Athletes not complying with this request will be subject to disciplinary action.

The above offenses will be dealt with on an individual basis with immediate parental involvement. They will be handled through both the discipline system and the appropriate counseling organization.

Harassment and Hazing Policy

Mount Snow and the Training Center prohibit the unlawful harassment of anyone based on race, color, religion, creed, national origin, marital status, sex, sexual orientation, or disability. In addition any kind of hazing is not acceptable behavior and will not be tolerated.

For the purposes of this policy, harassment and hazing are defined as follows:

Harassment means unwelcome verbal, written or physical conduct based on a student's actual or perceived race, religion, creed, color, national origin, marital status, sex, sexual orientation or disability, which has the effect of substantially undermining and detracting from or interfering with the victim's educational or athletic performance or access to the program's resources and activities, or creating a hostile, offensive, or intimidating environment. Such conduct includes derogatory remarks, jokes, demeaning comments or behavior, slurs, mimicking, name calling, graffiti, innuendo, gestures, physical contact, stalking, threatening, bullying, or the display or circulation of written materials or pictures when such conduct creates a hostile, offensive, or intimidating environment or substantially undermines and detracts from, or interferes with, the victim's educational or athletic performance or access to the program's resources and activities.

Sexual harassment can be defined as unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature when 1) it is made a term

or condition of a athlete's performance or status or 2) decisions affecting that athlete are made on the basis of their submission to or rejection of such conduct or 3) such conduct creates a hostile, offensive, or intimidating environment or substantially undermines and detracts from, or interferes with, the victim's performance or access to the program's resources and activities.

Hazing means any act committed by a person, individually or in a group, against an individual in connection with being initiated into, affiliating with, holding office in, or maintaining membership in any organization affiliated with the programs, which is intended to have the effect of humiliating or demeaning the individual or endangering his or her mental and/or physical health. Hazing also includes participating actively or passively in the above acts.

Students who have reason to believe that an incident of harassment or hazing might have or did occur shall report such belief to Vinnie Lewis, Training Center Director.

The Director or a designee, upon receipt of a report of harassment or hazing, shall initiate an investigation. The investigation will be timely and thorough, the findings of the investigation will be presented in writing, and the parents of the individuals involved will be notified. Investigations shall be conducted promptly.

If the investigation determines that a student committed an act of hazing or harassment, or otherwise violated this policy, the student shall be subject to disciplinary action, including but not limited to suspension or expulsion from the Mount Snow Training Center programs without refund of program tuition.

Discipline Procedures

The Training Center Discipline policies are administered under a three-strike rule for lesser infractions. Any Athlete accumulating three strikes over the course of the season may be subject to suspension or expulsion from the Program. Parents will be notified of any infraction or situation deemed necessary by the coaches involved in any incident.

Any athlete found causing damage or destruction will be billed for any damage. Remuneration will be expected before that athlete returns to the program.

HEALTH AND SAFETY

There is a medical facility, staffed by doctors, a physician's assistant, and several nurses at Mount Snow, 0.3 miles from the Training Center.

There is a highly trained ski patrol on duty at all times that the lifts are open. Additionally, there is also a highly trained Volunteer Rescue Service in the Deerfield Valley, if hospital transportation is required.

In the event medical attention is required for an athlete in our programs the parents will be notified ASAP but we do require that you sign and grant us the ability to seek medical attention first and contact you as soon as reasonably possible.

Weapons Policy

If any Program participant is found to have brought a weapon on Mount Snow premises, that individual will be suspended immediately and may be expelled from the program without refund of tuition.

For the purposes of this policy, weapons include the following:

- a. A firearm or portion of a firearm, whether loaded or unloaded, that is designed to or may be converted to expel a projectile by the action of an explosive.
- b. Any firearm muffler or silencer.
- c. Any explosive, incendiary or poison gas bomb, grenade, missile, mine, or similar device.
- d. Any combination of parts that can be converted into a destructive device according to the weapons outlined above.
- e. Any other weapon, device, instrument, material, or substance, which in the manner it is used or intended to be used, is known to be capable of producing death or serious bodily injury.

Law enforcement officers will be called for regarding any incident or infraction of this policy.

PARENT SHADOWING

We understand and appreciate the enthusiasm and support of our Training Center parents. However, it is inappropriate for parents to follow their child's class as it is distracting to the group, and it interferes with the quality of the coaching. Please allow our coaches to use their judgment, training, and experience to successfully coach your young athlete(s).

ALLERGIES

If your child suffers from an allergy, please let the coach know immediately. If your child suffers from a food allergy, please send a small snack with him/her in case the group takes a break.

PLACEMENT OF CHILDREN IN GROUPS

When assigning skiers/riders to groups, the coaches do their best to properly place them with the appropriate level. The two main factors are age and ability level for each group. We realize that sometimes skiers/riders may need to be moved to another group or level, **but that is solely up to the coach.** Our coaches' expertise allows them to evaluate a skier/rider on many different levels and skill sets. If you feel that you need to address an issue with the coach, please do so privately, but remember that the coach's main objective is to see your young skier/rider improve and thrive in the appropriate level.

PICK-UP/DROP-OFF

Program Participants should arrive at the Capehouse designated area ready to ski no later than 8:30am for the Development Program and the Training Center at 8:00am (8:30am for Freestyle Comp) for the Competitions Program. The groups will leave promptly at their designated times, and latecomers will be left behind. If left behind, come into the Training Center office, and Danielle or Vinnie will try to find the appropriate group. We cannot guarantee that we can find your group on the mountain, if you are late it is not our fault so please be on time.

The Development Program meets at the split rail fence behind the Cape House at 8:30am. The Competitions Program meets in different locations depending on your discipline:

Alpine: 8:00am in front of the Training Center by the fire pit

Freestyle: 8:30am in the competitor's locker room

Snowboard: 8:00am by the tuning benches in the Training Center

Children in the Development Program must be picked up at 12:45 sharp, because coaches have commitments following the end of the program. If your child is allowed to ski/ride on the mountain unaccompanied by an adult after the program, please let the coach know.

COMPETITIONS VOLUNTEERS

The Mount Snow Ski Club has instituted a bond for each athlete in the Competitions Program. Traditionally, it has been very hard to staff competitions due to lack of volunteers, so it is now required that all parents post a \$100 bond per child (this amount is included in your competitor's membership fee). This bond will be returned at the end of the season as long as a family member or representative volunteers to help at one competition (per child) during the 2008-2009 season. The Mount Snow Ski Club will be publishing a list of events and outings that qualify for this policy. Steve Wolff will be heading up this task and can be contacted at mssevolunteers@gmail.com.

EVENTS TRAVEL POLICY

It is the responsibility of parents to transport their athletes to events. Under no circumstance will the Training Center coaching staff be allowed to transport an athlete.

As well, should an athlete qualify for an event that requires plane travel and several nights of lodging, the families of the families attending the event are responsible for the transportation, lodging and meals cost of the coach(es).

**COMPETITION PROGRAM- EXPRESS ASSUMPTION OF RISKS-
INDEMNIFICATION AND FORUM SELECTION AGREEMENT**

WARNING: All forms of alpine activities are hazardous, requiring the deliberate control and good judgment of the participants. Falls and injuries are a common occurrence of alpine activities, including the activities of the Mount Snow Competitions Programs. The participants will be continually challenged in these Programs, performing difficult maneuvers on formidable terrain, including but not limited to race courses, mogul fields, terrain elements in and out of parks, playgrounds and half-pipes, and on natural and man-made jumps. These challenges, plus changing weather, visibility and surface and sub-surface conditions, such as ice, bare spots, trees: man made objects such as lift and fan gun towers, fences, signs, lift mazes, hydrants and pipes, snow grooming equipment, snowmobiles; variation in terrain, and slope design; or collisions with or falls resulting from such man made objects or natural terrain modifications and features, and other skiers/riders, are INHERENT RISKS to all Alpine activities. I, for myself and my heirs and assigns, hereby ACKNOWLEDGE and ACCEPT these INHERENT RISKS in order for my child to become a more accomplished competitor. I acknowledge that my child's participation in the Competition Programs affords me significant discounted access to winter sports activities at Mount Snow. Therefore in consideration of this, my knowledge and understanding of these sports and the benefits, terms, and conditions of this agreement, and for my child being allowed to use the premises of Mount Snow and participate there in winter sports activities, I freely and willingly accept and voluntarily assume all risk of property damage, personal injury, or death which occurs to my child at Mount Snow and which results from his/her participation in such winter sports activities and the inherent risks of such activities as they are defined herein, except which may occur while being transported on a ski lift. I take full responsibility for any injury or damage to my child that may result from the Programs and Promise not to sue Mount Snow, its owners, affiliates, employees, and agents arising out of my child's participation in the Program and the inherent risk of the sport such as those listed above and those such as my child's placement in a particular skill level group, the selection of the terrain used by his/her group, the selection of the exercises or maneuvers which the group will be directed to perform during the Program, the placement of race gates, the location of the starting and finish line equipment, other activities of the Program but not limited to the transportation to and from events and practices and overnight stays. I further agree that the phrase "inherent risks" means those risks, which are listed in this agreement, or those that can reasonably be inferred therefrom. I also agree that these risks are both obvious and necessary to these winter sports activities.

Therefore, in consideration of all of the above I agree that I will not make any claim nor bring any suit for any damages, injury or death to my child, which results from any such inherent risks, as I have agreed they are defined herein. *I also agree, that in the event that anyone makes any claim against Mount Snow, as a result of any of my child's activities on their premises or the use of their facilities that I will indemnify and hold harmless Mount Snow from such claims.*

I further agree that any dispute arising under this contract and/or from any use by my of any of the premises or facilities at **Mount Snow** shall be litigated exclusively in the Superior Court of Windham County, Vermont, or the U.S. District Court for the District of Vermont.

I agree that this contract may be plead as an affirmative defense to any claim that I might make as a result of any damage, injury, and/or death, which my child may sustain as a result of his/her participation in the Competition Program and caused by the inherent risks of alpine activities. To the extent that I am signing this document on behalf of any minor, I represent and guarantee that I have full authority to do so realizing the full

binding effect of this contract on them as well as on myself. I acknowledge that I have read, agree with, and understand the terms of this Competition Contract- Express Assumption of Risks and Forum Selection Agreement and that I am signing it freely and that the terms of this contract state that I expressly assume all risk of damages, injury and/or death resulting in any way from any inherent risks of the sport in which my child may participate at Mount Snow. I also agree that my child will abide by the terms of any rules of conduct for competition participants posted by Mount Snow's competition program or contained in its seasonal pass agreements, trail maps or brochures.

Participants will not be supervised by coaches at all times, including on lifts, but will be expected to timely arrive at all scheduled training sites. If your child cannot move around the mountain independently and in a reasonable manner please arrange for private lessons.

Nothing herein is intended or should be construed to deprive or limit the participant's right to assert a claim or defense protected by law. If any portion of this agreement is deemed unenforceable the remainder shall be given full force and effect.

For good and adequate consideration, which I acknowledge I have received, I hereby grant, release and quit claim to Mount Snow the right and authority to use, sell, reproduce, and distribute, quoted material, biographical information, my photographs, likeness, recorded voice or videotaped filmed appearances for promotional purposes or programs as Mount Snow in their sole discretion shall deem appropriate.

Parent/Guardian Signatures: _____ **Date:** _____

Print Participants Name: _____ **Date:** _____



2008 – 2009 MOUNT SNOW TRAINING CENTER

Delegation of Parental Authority
to consent for medical care of minor

Name of Child: _____ Date of Birth: _____

Allergies: _____

Special Instructions: _____

Name(s) of parent(s) or guardian: _____

Address: _____

Phone: _____

Health Insurance Carrier: _____

Policy Number: _____

If an injury occurs, and it is impractical or impossible to contact me in a timely manner I consent to transfer my authority to a Mount Snow representative to grant permission to a doctor to treat my child medically including but not limited to the following: administer anesthesia, and/or perform any diagnostic, surgical or curative remedial procedure he/she deems necessary or advisable for the care and treatment of the above named child.

Please signify your consent by initialing the following: YES _____

If **NO**, to whom do you wish to delegate consent authority: _____

I hereby authorize Mount Snow's representative or the above person(s) to act as my/our agent and attorney-in-fact for the purpose of consenting to medical, dental, or hospital care and treatment of the named child. Such care and treatment is to be rendered by or under the supervision of a licensed practitioner, hospital, or other health care facility. The agent is also authorized to have access to the health care history and records of the minor to the extent reasonably necessary to enable the agent to give informed consent for the minor's care and treatment.

Any health care practitioner or facility given an original or a photocopy of this document is authorized to honor the consent of the agent for care and treatment of the minor to the same extent as if the parent(s)/guardian gave consent personally.

In executing this release parents should be aware that not all medical providers necessarily honor the intentions of this authorization no matter how diligent Mount Snow or its staff may be.

Parent / guardian name (print) _____ Date _____

Parent / guardian signature _____ Date _____



November 15, 2008

Dear Program Families,

As our programs continue to grow, we find it necessary to implement changes and new policies. This year, I am asking that all families sign the enclosed Eligibility Waiver.

The Eligibility Form is an acknowledgement that the Development and Competition Programs may not be for all participants. Sometimes kids in the Development Program are not ready for the rigors of being coached for 4 hours in a structured program. If your child does not have the strength or stamina to participate fully you as parents may be asked to move your child to another program here at Mount Snow. As well, some athletes are not yet at the requisite skill level to train competitively and therefore may benefit from another season in Development.

While our programs pride themselves on inclusion, if your child cannot follow directions adequately, and is found to be disruptive to the flow and educational environment of the group he/ she may be best served in another program offered by Mount Snow.

Our coaches are extremely dedicated to the social and athletic development of children. We are also committed to working out any initial challenges by involving the coach, the child, the parents, the Program Coordinator and if need be the Training Center Director. However, if there is a prolonged effect on the group, or multiple, or re-occurring issues program participation will come under review.

This is by no means meant to be exclusionary in nature. In fact, we see it as a great way to ensure the proper progression of each skier and rider because they will be in the best environment to help them thrive in their sport. If the child's coach and the program coordinator decide that he/she would be better suited in another Mount Snow program, we will issue a **credit** for any un-used portion of the program fee which can be redeemed for private lessons or the Mountain Camp or Snow Camp programs offered by the Ski and Snowboard School here at Mount Snow.

If you have any questions about this new policy, please do not hesitate to contact us. We look forward to seeing you all soon.

Sincerely,

Vinnie Lewis
Training Center Director
802-464-4165
vlewis@mountsnow.com



Eligibility Waiver

I have read and understand the conditions of my child's eligibility for the Development and Competitions Programs regarding age, maturity, ability, behavior or strength and stamina. If it is deemed by the Administrators of the Training Center Programs that my child is unable to participate for any reason such as those listed in the policy, I will receive a credit, not a refund, which can be redeemed for other Mount Snow programs.

Parent Signature

Date

Program Participant Name(s)